

SORIBEL MARTÍNEZ



About Soribel Martínez

As a Business Coach and Consultant, Soribel designs strategies for optimal business growth. Soribel is a purpose-driven entrepreneur who strives to help others create the lives of their dreams. She helps private practice owners build and scale their businesses using The Multi-Million-Dollar Private Practice Framework™.

Soribel is a Licensed Clinical Psychotherapist with over twenty-five years of experience and a track record of helping people overcome obstacles and create the life they want. She developed the Multi-Million-Dollar Private Practice Framework™ to build and scale SMPsychotherapy and Counseling Services into the dynamic practice it is today. SMPsychotherapy employs over twenty-five licensed mental health therapists, two psychiatric mental health nurse practitioners, and administrative staff. The thriving group practice serves over eleven thousand clients.

Soribel expanded her purpose to help women build their dreams by founding JC's Precious Minds Foundation in 2021 to honor the memory of her son, Jean-Carlos. Soribel believes in honoring the women and family members who came before her and paved the path to her success. She believes in honoring herself by answering the call for her purpose, and she seeks to honor the future generation by creating a legacy and a blueprint for growth and success.

In addition to being a business coach, CEO, and the founder of a non-profit, Soribel is a mother, a speaker, a storyteller, an adjunct professor of Psychology at Post University, a member of the Post University's Malcolm Baldrige School of Business-Management Advisory Board. She's a bestselling author and a concierge sex therapist. Soribel lives in Connecticut with her mother and son, John Anthony. She spends her free time with family, traveling around the world, reading, and learning as much as she can.

Connect with Soribel Martínez

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BOOKS

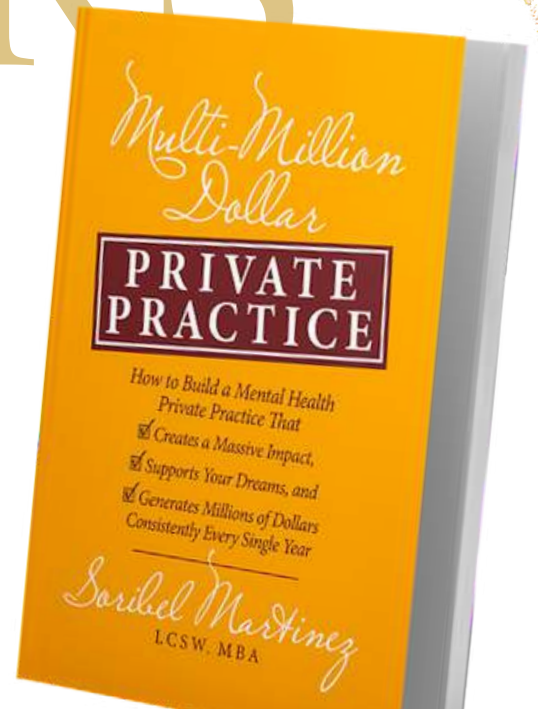
Multi–Million Dollar Private Practice

The Multi-Million Dollar Private Practice book is the roadmap to success for psychologists, social workers, and other mental health professionals who finished their degree programs prepared to treat clients, but without guidance on how to start and run their own successful private practice. Soribel Martinez, a licensed clinical psychotherapist, shares her proven & Pillars of Private Practice, which she used to build her own thriving practice. She also explores the energetics of business, including cultivating a leadership mindset and welcoming money as energy.

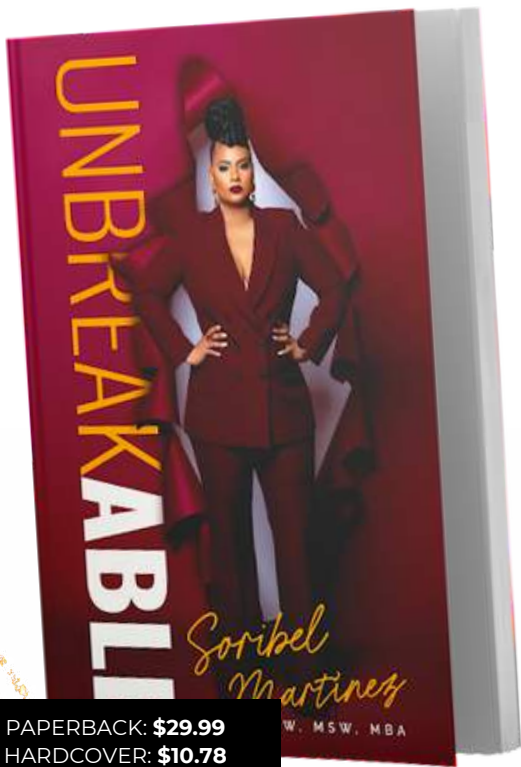
In Multi-Million Dollar Private Practice, helping professionals learn how to develop a clear vision for their practice, create a business model that works, build a strong team, market their practice effectively, deliver high-quality care to their clients, and maximize their impact.



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PAPERBACK: **\$18.95**
HARDCOVER: **\$**



PAPERBACK: **\$29.99**
HARDCOVER: **\$10.78**

Unbreakable

Have you ever felt you have no control over your own life? Are you frustrated by societal pressures to have, be, or do certain things? Do you wonder when it will be your turn to chase your dreams? Have you forgotten how to dream? In Unbreakable, Soribel Martinez urges you to reconnect to your true purpose, stop looking for direction from external sources, and systematically build the life you were created to live.

Soribel's faced her share of challenges as Dominican-American immigrant, from navigating school in her second language, recovering from religious trauma, losing a child, facing multiple brain aneurysms, and all the usual heartbreak women face. In Unbreakable, Soribel guides you to reconnect with your Creator, figure out exactly what you want, and then take massive, inspired action toward your goals. In these pages, you'll discover

- Strategies for reconnecting to your creator and purpose when you've lost your way due to adversity.
- Ways to navigate a relationship, family, and societal pressure so you can finally figure out what YOU desire and go after it.
- Why being selfless should never be our goal and why never giving up on your goals is the highest form of self-care.
- Strategies for building the business of your dreams if entrepreneurship your dream.
- You only get one life. It's time to stop giving up on yourself, embrace your truest desires, and connect with your Creator to build your Unbreakable life.

Soribel Martinez, Licensed Clinical Psychotherapist is the CEO of SMPSychotherapy and Counseling Services, business coach and consultant, public speaker, adjunct professor of Psychology at Post University, a Doctor of Social Work candidate at Walden University, and the founder of IC's Precious Minds Foundation.

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REVIEWS

JACQUELINE CABRERA

"Soribel shares relatable stories that many of us experience and tells ourselves, oftentimes limiting our growth. She provides concepts and self-evaluations, prompting deep searching and healing that build resilience. Powerful book! #unbreakable."

ATNECIV RODRIGUEZ

Master Certified and Licensed Business Coach. Executive Leadership LLC

"Soribel is a fantastic woman, therapist, businesswoman, Coach, author, and overall human being! She is a beautiful

"Soribel is a fantastic woman, therapist, businesswoman, Coach, author, and overall human being! She is a beautiful force to be reckoned with. There are few with her level of energy, integrity, and commitment."

DOREEN DILGER

"You snagged my heart early with your story as I read how you got to where you are today. You went through incredible diversity, challenges, and life lessons and could see the light at the end of the tunnel. This book captures your attention with your infectious stories and offers excellent lessons from which we can all learn - a must-read."

"Soribel's story is not only inspirational, but it's a roadmap to success. It encourages the readers to take a deeper look into their lives and allows them to find meaning in their dreams and make them a reality. "

MARIA CHAPMAN

CEO and Writing Coach

"Unbreakable is much more than a memoir. I'd call the book inspirational personal development. Soribel's stories are every woman's stories - loss, heartbreak, and the pull of societal expectations. Soribel shares stories of how adversity tried time and again to pull her away from her passions and her purpose in life. Combined with her compelling stories, the self-evaluation prompts guide readers on a personal growth journey. Soribel teaches us how to look inward, reconnect with our inner wisdom, and create the life we were meant to live."

ALICIA FERNANDES

"I found the book very inspiring, powerful, uplifting, identifiable, motivational, and above all a whole new experience, lessons to take/learn from, powerful message(s) behind it. I loved how incredibly well and descriptive the story was told by the author. Extremely powerful of a young female, her trajectory of life events she experienced from an early age, endured, rose from, and never ever gave up on herself, her dreams, and aspirations, extremely motivational and uplifting. Title of the book is amazing, powerful, eye opener, and representation on the spot!"

MELISSA TRINCI

Entrepreneur & Healer

"This book is POWERFUL! An incredible tale of resilience paired with practical strategies makes it the perfect resource for anyone wanting to create their Queendom. Take advantage of discovering what miraculous possibilities await - open up these pages now for total transformation and inspiration. There is power in these pages!"

ANDREA SERVAN

"Could not put it down once I started! Soribel's story resonated with me in so many ways and helped me think more thoughtfully about my life goals. It was beyond encouraging reading all the obstacles Soribel had to go through and where she's at now! Makes me feel like I could be there someday as well. Thank you Soribel!"

STACEY COHEN

CEO, Co-Communications and Author, Brand Up: The Ultimate Playbook for College & Career Success in the Digital World

"Soribel's journey is an inspiring story of grit, determination, and glory that will have you turning the pages to see what happens next. Despite many obstacles, her spirit and determination turned failure into success. At every turn, she let doubt become determination and failure fueled her fire, proving to us that despite cultural differences, we are indeed unbreakable. This powerful narrative teaches us that despite our hardships, we can achieve unimaginable feats through grit and resilience. If you're looking for inspiration on your journey to greatness, this book is for you!"

IVY TREVITAZZO-FLORDELIS

"Unbreakable, takes a deep dive into the journey of a fierce entrepreneur who epitomizes the American Dream! Soribel's vulnerability in sharing her journey and overcoming her obstacles is precisely what every entrepreneur needs to read about being on the road to becoming unbreakable. You are in for an incredible ride with challenging self-evaluations that are practical and simple to follow. Spectacular book!"

ANTONIO PASCARELLA

Owner, Pascarella Accounting Group

"This book was very concisely well written, full of great advice from the inception to success. The advice on business structure to marketing to procedures is all that a practice needs to build and achieve the desired results. I would definitely recommend this book to anyone practice owner wanting to grow their business."

RACHEL SCOLNIC

Dobin, LCSW

"I just read Unbreakable in one evening as I couldn't put it down. I am a social worker and a divorced mom, and I felt the book spoke directly to me. From all of Soribel's stories and experiences, there is light and so much resilience. I admire her and hope to use the lessons from this book in my everyday life."



INTERVIEW TOPICS

- *How to Generate Your First Million Dollars in Private Practice*
- *How to Become an Unbreakable Leader*
- *How to Build a Crisis-Proof Business*
- *How to Build an Unbreakable Life and Business*



SAMPLE QUESTIONS

1. In your book, *Multi-Million Dollar Practice*, alignment is a term that's featured prominently. Why is alignment so important to building a business?
2. What is the one best piece of advice you can give to beginning business owners who have little or no capital?
3. You've faced so many challenges in your life. Can you talk a bit about how you succeeded in overcoming those problems?
4. You grew your solo therapy practice into a group practice that serves thousands of clients, and you credit your business mindset as one of the eight pillars of a successful business. How do you define "business mindset" and how does it affect the everyday functioning of a business?
5. What is the question you hear the most from business owners and why do you think that question is so common?
6. You have four degrees and are working on your doctorate. You were also in medical school and said that leaving medical school was one of the best decisions you've ever made. Why?

Bring the power of visionary leader, Soribel Martinez to your audience. Soribel is available to speak on topics relevant to entrepreneurs, mental health practitioners, private practice owners, and anyone on a personal development journey. Her signature speaking packages offer an engaging opportunity for your audience to learn proven strategies and come away with both inspiration and action steps.

Soribel addresses audiences in these areas:

- Unbreakable Leadership 7 figure secrets from a 7-figure CEO
- How to build an unbreakable life and business
- Business Development For Health And Mental Health Professionals In Private Practice
- How to Build a Sustainable Business That can withstand Crisis



PUBLIC SPEAKING

You can connect with Soribel to find out more and book your speaking opportunity at:
SoribelMartinez.com/speaking